

Hope Without Borders

Spring 2014



Bringing HOPE through Clean WATER

Facts about Water



Women in Africa walk over 4 miles per day to get water

Every year 1.8 million children, over 4,500 children per day, die from preventable water-borne illnesses. This is far more lives lost than deaths caused by terrorism and armed conflict combined. Many of those lacking access to clean water are extremely poor, with nearly 2 in 3 people surviving on less than \$2 per day and 1 in 3 living on less than \$1 a day.

In Sub-Saharan Africa, 40 billion hours a year are spent by women and children hauling water. Women carry water on their heads or backs with buckets that weigh over 40 lbs. This activity consumes time and causes physical pain while taking time away from other activities like family and school. Studies have shown that access to clean water lowers infant mortality rates and increases educational opportunities, literacy rates, and productivity.

Hope Without Borders, with the help of generous donors and partners, have distributed hundreds of water purifiers to families, schools, clinics, and communities in need. High tech water purifiers cost ~\$60 per family, providing clean drinking water that will last over 10 years. Each family who receives a water purifier is trained and monitored by local volunteers to ensure proper use.

Hope Without Borders has purchased drilling equipment to bring wells to communities without safe water access. Local staff and members of the community are trained on how to drill wells and repair pumps with the goal of ending water poverty in East Africa. So, they need your help. Each shallow well/pump costs ~\$4,500 and a deep well/pump costs ~\$9,500 to bring clean water and hope.



443 million school days are lost from water-related illness

Keeping Girls in School

The "**Elephant in the room**" is an expression that applies to an obvious problem that no one wants to discuss. It insinuates that the problem is so obvious that it would be impossible to overlook. Let's talk about menstruation... you heard me correctly. So, what does menstruation have to do with education?

Do you know what girls in Africa use during their periods? In Kenya, they may use paper, cloth, old mattress stuffing, old clothes, banana leaves, corn husks, ash, dirt, sand, newspaper, and even pages from their school workbooks. In some countries, girls use leaves and even cow dung. Their parents can't afford the fifty cents it costs for 7 disposable pads.

Hope Without Borders is keeping these girls in school with "The Red Elephant Project". This project provides girls with a menstrual pack with 7 reusable pads, underwear, soap and a face-to-face lesson on menstruation and how to wash and wear the pads. These packs were enthusiastically accepted by school girls in Kenya, Tanzania, and Nepal in March 2014 when volunteers from HWB handed them out. See our website for more information on how you can help.



This is Grace who is 12 years old and lives in the Kibera slums in Nairobi, Kenya. She received a menstrual pack from HWB and will no longer have to miss school during her period.

Volunteer Trips

Hope Without Borders had 100 volunteers sign up in 2014 for volunteer trips to 7 countries (India, Nepal, Tanzania, Kenya, Tajikistan, Belize and Nicaragua). These trips allowed team members to experience different cultures and see the needs first hand. We have several trips planned for 2015 if you'd like to join us. Visit our website for more details.



For more information about Hope Without Borders please visit our website at:

www.hwb-intl.org

**SAVE THE DATE:
November 1st
Annual Comedy Sportz
FUN(d)raiser**

